

Hallenbelegung MTV - Sportzentrum / Stand 01.09.2021

| UHR | Montag | | | Dienstag | | | Mittwoch | | | Donnerstag | | | Freitag | | Samstag | | Sonntag | | UHR | |
|-------|-----------------|----------------|-------------|--------------------|---------------|-------------|----------|---------|-------------|-----------------|---------|-------------|---------|---------|-------------|---------|---------|---------|-----|-------|
| | Halle 1 | Halle 2 | Fitnessraum | Halle 1 | Halle 2 | Fitnessraum | Halle 1 | Halle 2 | Fitnessraum | Halle 1 | Halle 2 | Fitnessraum | Halle 1 | Halle 2 | Halle 1 | Halle 2 | Halle 1 | Halle 2 | | |
| | Hallenreinigung | | | | | | | | | Hallenreinigung | | | | | | | | | | |
| 09:00 | | Bodystrong | | Body Strong & flex | | | | | | | | | | | Kita | | | | | 09:00 |
| 09:30 | | Anke | | Anke | | | | | | | | | | | Frankenberg | | | | | 09:30 |
| 10:00 | | | | | | | | | | | | | | | | | | | | 10:00 |
| 10:30 | | | | | | | | | | | | | | | | | | | | 10:30 |
| 11:00 | | | | | | | | | | | | | | | | | | | | 11:00 |
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| 18:00 | | | | | | | | | | | | | | | | | | | | 18:00 |
| 18:30 | | Video-Clip-Da. | | | | | | | | | | | | | | | | | | 18:30 |
| 19:00 | JuJutsu | Helene | | J.E.T. Legs | Crosstraining | | | | | | | | | | | | | | | 19:00 |
| 19:30 | Wettkampf | Step Aerobic | | Hartmut | Christian | | | | | | | | | | | | | | | 19:30 |
| 20:00 | | Inga | | J.E.T. Legs | | | | | | | | | | | | | | | | 20:00 |
| 20:30 | Bodyworkout | | | Anastasia | | | | | | | | | | | | | | | | 20:30 |
| 21:00 | | Romina | | | | | | | | | | | | | | | | | | 21:00 |
| 21:30 | | | | | | | | | | | | | | | | | | | | 21:30 |
| 22:00 | | | | | | | | | | | | | | | | | | | | 22:00 |

(alle 2 Wochen/
gerade KW)

Pflegeschulzentrum Goslar

Mini-Handball
Swana

Linedance
Petra

JuJutsu
Kinder
Angela
ModernDance
Anastasia
Bodystrong
Anke

Yoga
Dorothea
JuJutsu
Jugend
Jörg
Body Balance
Karina

J.E.T.-Stars
Camilla
Crosstraining
David
Johannes

JuJutsu

HSG Bad Harzburg
Lars